

Peer Group Network Volunteer Role Description

At Richmond Borough Mind, we're on a mission to raise awareness of our work and reduce stigma around mental health. Through dynamic events and impactful fundraising, we strive to make a significant difference in our community. Join us in our exciting journey as one of the Mayor of Richmond's chosen charities for May 2024 to May 2025!

PURPOSE:	The Peer Group Network is made up of groups run by and for people who experience mental health issues, our groups are supported by volunteers who have experience in their field. We offer a safe and non-judgemental space where members can make friends, have fun and learn new skills. As a remote and face-to-face Peer Group Network Volunteer you will be cofacilitating a Peer Group such as an Art, Yoga or Talking group.
REPORTS TO:	Services Manager
HOURS:	Minimum of 2-3 hours but can vary depending on the number of members and online groups being supported, 3 months minimum commitment
LOCATION:	In Person and remotely

Duties:

- Opportunity to plan, facilitate and deliver online and face-to-face groups such as talking groups
- To use own experiences and interests whilst facilitating groups
- To support administration function i.e. membership forms, registers and evaluation feedback
- To offer informal support such as listening and sign-posting
- To pass on any concerns about a member to the team for additional support

Skills, Attributes & Abilities Required:

- Understanding of mental health difficulties (we encourage applicants with lived experience of mental health problems)

- Ability to access the internet and basic understanding of how to run groups remotely
- Willingness to engage in and explore different common interest groups
- Good communication skills
- Good interpersonal skills
- Ability to work well in a team
- Friendly and encouraging personality
- A minimum of 3 months commitment to Volunteering
- To comply with all RB Mind organisational policies
- Successful applicants will be required to provide details of two references and agree to submit details for and undertake a Disclosure and Barring Services (DBS) check.

Benefits

- Volunteering from home allowance and relevant volunteering expenses
- Support and supervision
- Access to training and volunteer activities
- Certificates for hours volunteered
- References (after completion of 3 months volunteering with us)

If you are interested in applying or would like further information on volunteering with us, please email our Volunteering Team volunteering@rbmind.org click on the QR code or call 07849 090901



Thank you for your interest in Richmond Borough Mind