



WELLBEING WALKS 2023: DISCOVERING NATURAL SPACES IN OUR BOROUGH

Date	Time	Meeting place
21 st July	10.30am- 12.30pm	Terrace Gardens and Petersham Woods Circular Walk Terrace Gardens, Glass House Petersham Road
18th August	10.30am- 12.30pm	Thames Towpath to Barnes Common Linear Walk Mortlake Green, Sheen Land Entrance
22 nd September	10.30am- 12.30pm	Ham Lands Circular Walk Teddington Pedestrian Bridge near Anglers Pub
20 th October	10.30am- 12.30pm	Thames Towpath Twickenham Riverside to Richmond Bridge Linear Walk. Marble Hill House entrance facing road.
17 th November	10.30am- 12.30pm	Bushy Park Circular Walk Hampton Hill Gate, High Street, Hampton Hill behind supermarket.

To take part register in advance by contacting parks@richmond.gov.uk or phone Frances from Friendly Parks for All on 020 8401 6837.

You can also contact Richmond Borough Mind at peer.network@rbmind.org

